

Sharalife First Aid Inc.

Emergency Medical Responder (EMR) 320 Program

Comprehensive Course Information Manual

Prepared by: Sharalife First Aid Inc. **Program Approval:** Saskatchewan College of Paramedics (SCoP) **Effective Date:** August 2026 **Website:** www.sharalife.com

1. Executive Summary

Sharalife First Aid Inc., based in Saskatoon, Saskatchewan, is proud to introduce the newly expanded **Emergency Medical Responder (EMR) 320 Program**. Officially approved by the Saskatchewan College of Paramedics (SCoP) for delivery starting in August 2026, this comprehensive program is designed to meet the evolving and rigorous demands of the modern healthcare system.

The program spans a total of **320 hours**, evenly divided between online modules and in-person practical training, and includes a minimum of **24 hours of clinical practicum**. The tuition cost of **\$4,800.00 plus applicable taxes** may be supported by substantial funding opportunities, including the Saskatchewan Health Authority (SHA) training bursary of **\$3,500.00 or more**.

2. Organizational Background

Founded in 2001 by Chris Becker, Sharalife First Aid Inc. was established following a near-fatal incident involving his daughter, Shara. This profound personal experience highlighted the critical need for widespread, accessible, and high-quality first aid and emergency response training. The organization operates under the guiding motto:

“Be prepared! Someday you may need to help a stranger, or someone you care the world about.”

As a valued Training Partner with the **Canadian Red Cross**, Sharalife has consistently expanded its services across the Saskatoon area and beyond. In June 2026, the organization relocated to a new facility encompassing over **5,500 square feet** of dedicated training space. This state-of-the-art facility is equipped with the latest technology for CPR feedback and high-fidelity simulation, ensuring an optimal learning environment for all students. The facility includes a fully stocked ambulance and a dedicated scenario suite.

3. Program Overview and Structure

The EMR 320 program is structured to exceed the minimum requirements established by the Saskatchewan College of Paramedics (SCoP) for 2025 and 2026. As healthcare systems increasingly rely on EMRs to manage patients independently in complex situations, the curriculum is aligned with the **Canadian Organization of Paramedic Regulators (COPR) Canadian Paramedic Competency Framework (CPCF)**.

The program utilizes a blended learning format that alternates between self-paced online modules and mandatory in-person training sessions. This structure allows students to absorb theoretical knowledge before applying it in practical, simulated environments.

Phase	Format	Duration	Description
Phase 1	Online	2 Weeks	Self-paced didactic modules covering foundational medical knowledge and protocols.
Phase 2	In-Class	2 Weeks	Intensive practical training, skills labs, and high-fidelity case-based scenarios.
Phase 3	Online	2 Weeks	Advanced theoretical concepts and preparation for clinical application.
Phase 4	In-Class	2 Weeks	Final practical assessments, summative exams, and advanced simulations.
Phase 5	Clinical	Min. 24 Hours	Supervised shifts at approved sites (ambulance, hospital, or clinic) to gain real-world experience.

***First Cohort Dates:** The first course will commence on **August 31, 2026**, and conclude on **October 23, 2026**, followed by the clinical practicum running from **October 26 to December 21, 2026**.*

4. Admission Requirements

To ensure that candidates are adequately prepared for the rigors of the program and the responsibilities of the profession, Sharalife enforces strict admission criteria in accordance with SCoP standards.

Prospective students must be at least **18 years of age** prior to entering the program, though applicants under 18 may be considered following consultation with the College. Academically, a **Grade 12 diploma or equivalent** is required. Additionally, candidates must possess a current **Standard First Aid and CPR-C AED certification** before the program begins. A clear **Criminal Record Check (CRC)**, current within 12 months of admission, is mandatory, as clinical sites reserve the right to deny placements based on CRC results. Finally, students must demonstrate **physical fitness** suitable for emergency services duties, including the ability to utilize lifting techniques and operate standard emergency equipment.

Requirement	Details
Minimum Age	18 years (exceptions require SCoP consultation)
Education	Grade 12 diploma or equivalent
First Aid Certification	Current Standard First Aid and CPR-C AED
Criminal Record Check	Current within 12 months of program start
Physical Fitness	Must meet emergency services physical requirements

Note: Positive CRCs are subject to review and consultation with SCoP regarding suitability for registration.

5. Curriculum, Evaluation, and Certification

The curriculum is comprehensive, encompassing a minimum of **320 contact hours** that blend didactic instruction, simulation, and clinical experience. Students are exposed to a variety of learning methods, including lectures, subject matter expert presentations, and task-based skills stations.

Evaluation is continuous and rigorous. Students are assessed on their ability to demonstrate proficiency across five key principles: **Consistency, Independence, Timeliness, Accuracy, and Appropriateness.**

Assessment Type	Methodology	Purpose
Formative (Online)	Quizzes and written tests	Ensure comprehension of theoretical concepts prior to practical application.
Formative (In-Class)	Skills demonstrations and scenarios	Assess technical execution and critical thinking in simulated environments.
Clinical Evaluation	Preceptor feedback and review	Evaluate patient interaction and protocol adherence in real-world settings.
Summative (Final)	Written exam and practical assessment	Verify comprehensive competency for program graduation and licensure eligibility.

Upon successful completion of all didactic, practical, and clinical components, students are awarded a **Certificate of Completion**. This certificate is recognized by SCoP and is a prerequisite for EMR licensure in the province of Saskatchewan.

6. Student Support and Resources

Sharalife is committed to the success and well-being of its students. The program provides all necessary equipment for the duration of the training, which students **retain upon graduation**. This includes:

- Stethoscope
- Blood pressure cuff
- Eye protection
- Pocket mask
- Physical and digital textbooks
- Sharalife crested EMR student polo shirt (for use during practicum shifts)

Recognizing the demanding nature of emergency medical training, Sharalife prioritizes student wellness. The program includes a comprehensive safety orientation covering infection control and body mechanics. Furthermore, students have access to **Sharalife Wellness Support**, which offers mental health and peer support resources. Students experiencing academic or personal challenges are encouraged to contact the Program Coordinator or Student Support Services for immediate assistance.

7. Financial Information and Funding Opportunities

The financial structure of the EMR 320 program is designed to be transparent, with significant funding opportunities available to assist students. This information is vital for **government grant agencies, Employment Insurance representatives**, and prospective employers considering educational sponsorships.

The total tuition for the program is **\$4,800.00 plus applicable taxes**. To secure a seat, a pre-registration fee of **\$800.00 plus tax** is required, which is subsequently deducted from the total tuition balance. The remaining balance of **\$4,000.00** is due on **August**

21, 2026, unless alternative arrangements have been made with Sharalife. Sharalife offers a payment plan that requires the balance of the program fees to be paid on or before the last day of classes.

Fee Item	Amount
Total Program Tuition	\$4,800.00 + tax
Pre-Registration Deposit (deducted from total)	\$800.00 + tax
SHA Training Bursary (available to eligible students)	\$3,500.00 (potentially more after July 2026)
Estimated Net Cost After Bursary	Approximately \$1,300.00 + tax

Note: The above bursary has been in place for the last few years but Sharalife does not guarantee that the bursary will always be available or at what dollar amount.

A major financial advantage for students in Saskatchewan is the availability of the **Saskatchewan Health Authority (SHA) training bursary**. Currently, the SHA offers a bursary of **\$3,500.00** towards the cost of EMR training, with the potential for this amount to increase after July 2026. This substantial funding significantly reduces the financial barrier to entry for prospective students.

Sharalife maintains a fair refund policy. Students who cancel their registration **more than 72 hours** before the course start time are eligible for a refund, minus unretrievable processing fees (e.g., a 6% non-refundable processing fee for online transactions). If cancellation occurs **within 24 hours** of the start time, students may reschedule their course at no additional cost. A **\$200.00 registration/cancellation fee** is subtracted from any refund.

8. Employment Outcomes and Industry Need

The expansion of the EMR program to 320 hours is a direct response to the increasing demands placed on the healthcare system. Emergency Medical Responders are now frequently required to provide a higher level of independent care in situations where advanced medical personnel are unavailable. The new program requirements, aligned with the COPR Canadian Paramedic Competency Framework (CPCF), ensure that graduates are prepared for the licensing examination and for real-world practice.

Graduates of the Sharalife EMR 320 program are highly sought after across various sectors. In fact, **multiple Emergency Medical Services (EMS) organizations actively attend Sharalife’s EMR programs to recruit new graduates directly** for their operations. These active recruitment efforts reflect the high industry demand and employer confidence in the robust clinical skills and theoretical knowledge our graduates possess.

The financial prospects for new graduates are strong; **starting wages offered by these recruiting EMS organizations typically range between 25.00 and 30.00 per hour.** While ambulance services are the primary employers, licensed EMRs are also essential in industrial settings such as mine sites, gas and oil operations, and large-scale construction projects. It is important to note that all working and volunteering EMRs in Saskatchewan are required to hold SCoP licensure, regardless of the employment context.

Employment Sector	Examples
Emergency Medical Services	Ambulance services, first response teams
Industrial and Resource Sector	Mine sites, oil and gas operations, construction
Healthcare Facilities	Hospitals, health clinics, nursing homes
Community and Remote Settings	Remote communities, event medical coverage

9. Program Faculty and Leadership

The Sharalife EMR 320 program is led by a team of experienced and credentialed professionals. All paramedicine-specific content is delivered by individuals registered with SCoP or the provincial regulator, in good standing with their respective regulatory body.

Name	Role	Background
Chris Becker	Program Director	Founder of Sharalife; former EMT and law enforcement professional; Instructor Trainer in Professional Responder, EMR Instructor and Licensed EMR.
Evan Craig	Lead Instructor	Licensed Primary Care Paramedic with extensive field experience; lead instructor for the EMR program.
Shara Becker	Head of Faculty	Full-time Advanced Care Paramedic with Medavie Health Services Saskatoon; EMR Instructor and Student Support.
Ben McIntyre	Head of Faculty	Advanced Care Paramedic with the Saskatoon Fire Department; EMR Instructor; responsible for organizing and overseeing all clinical practicum placements.
Janet Palendat	Head of Faculty	Advanced Care Paramedic with Medavie Health Services Saskatoon; EMR Instructor.

Our Sharalife EMR Training Staff consists of an additional 10 qualified EMR instructors above and beyond the instructors listed above.

10. Quality Assurance

Sharalife is committed to continuous improvement and program excellence. The EMR 320 program undergoes an **annual quality assurance and quality improvement (QA/QI) review** aligned with SCoP standards. This process incorporates feedback from students, preceptors, and clinical partners to refine curriculum delivery and faculty performance.

Graduate success rates on the COPR national licensing examination are also monitored as a key performance indicator. The faculty-to-student ratio during scenario and skill performance sessions is maintained at **no more than 1:8**, ensuring adequate supervision and individualized feedback for every student.

11. Contact Information

For further information regarding the EMR 320 program, admissions, or funding, please contact Sharalife First Aid Inc. through the following channels.

Organization	Sharalife First Aid Inc.
Address	335 Robin Way, Saskatoon, SK, Canada
Phone	(306) 244-4517
Email	sharalife@sasktel.net
Website	www.sharalife.com
Regulator (SCoP)	info@collegeofparamedics.sk.ca

Sharalife First Aid Inc. — EMR 320 Program — Approved by the Saskatchewan College of Paramedics (SCoP) — Aligned with the COPR Canadian Paramedic Competency Framework (CPCF)